

REF	CONTENT	Analyzer(s) on which cobas c pack(s) can be used
07190808 190	Creatine Kinase-MB (100 tests)	System-ID 07 7484 7 Roche/Hitachi cobas c 311, cobas c 501/502
11447394 216	Calibrator f.a.s. CK-MB (3 x 1 mL)	Code 402
11447378 122	Precinorm CK-MB (4 x 3 mL)	Code 320
04358210 190	Precipath CK-MB (4 x 3 mL)	Code 356
05117003 190	PreciControl ClinChem Multi 1 (20 x 5 mL)	Code 391
05947626 190	PreciControl ClinChem Multi 1 (4 x 5 mL)	Code 391
05117216 190	PreciControl ClinChem Multi 2 (20 x 5 mL)	Code 392
05947774 190	PreciControl ClinChem Multi 2 (4 x 5 mL)	Code 392
04489357 190	Diluent NaCl 9 % (50 mL)	System-ID 07 6869 3

English

System information

For **cobas c** 311/501 analyzers:

CKMB2: ACN 546

For **cobas c** 502 analyzer:

CKMB2: ACN 8546

Intended use

In vitro test for the quantitative determination of the catalytic activity of creatine kinase MB subunit (CK-MB) in human serum and plasma on Roche/Hitachi **cobas c** systems.

Summary

Creatine kinase (CK) appears as three isoenzymes which are dimers composed of two types of monomer subunits. The isoenzymes comprise all three combinations of monomers, M (for skeletal muscle derived) and B (for brain derived), as represented by the notations MM, MB, and BB.¹

Many organs contain CK, but the distribution of isoenzymes is different in each one. Skeletal muscle is very rich in the MM isoenzyme, while brain, stomach, intestine, bladder, and lung contain primarily the BB isoenzyme. The MB isoenzyme has been found in appreciable amounts (15 to 20 percent) only in myocardial tissue. Therefore, total serum CK activity is elevated in a number of diseases. This lack of specificity limits its diagnostic value. However, the striking difference in the CK isoenzyme patterns from different organs has made CK one of the most useful enzymes for diagnostic purposes in acute myocardial infarction. CK-MB appears in serum reflecting its unique presence in myocardial tissue. It is in supporting the diagnosis of suspected myocardial infarction that serial determinations of CK isoenzymes find their most frequent application in the clinical laboratory.^{1,2}

After immunoinhibition with antibodies to the CK-M subunit,³ the CK-B activity is determined with a standardized method for the determination of CK with activation by NAC as recommended by the German Society for Clinical Chemistry (DGKC)⁴ and the International Federation of Clinical Chemistry (IFCC)^{5,6} in 1977 and 2002 respectively. This assay meets the recommendations of the IFCC and DGKC, but was optimized for performance and stability.

Test principle

Immunological UV assay

- Sample and addition of R1 (buffer/enzymes/coenzyme)
- Addition of R2 (buffer/substrate/antibody) and start of reaction.

Human CK-MB is composed of two subunits, CK-M and CK-B which both have an active site. With the aid of specific antibodies to CK-M, the catalytic activity of CK-M subunits in the sample is inhibited to 99.6 % without affecting the CK-B subunits. The remaining CK-B activity, corresponding to half the CK-MB activity, is determined by the total CK method. As the CK-BB isoenzyme only rarely appears in serum and the catalytic activity of the CK-M and CK-B subunits hardly differ, the catalytic activity of the CK-MB isoenzyme can be calculated from the measured CK-B activity by multiplying the result by 2.

Reagents - working solutions

R1 Imidazole buffer: 123 mmol/L, pH 6.5 (37 °C); EDTA: 2.46 mmol/L; Mg²⁺: 12.3 mmol/L; ADP: 2.46 mmol/L; AMP: 6.14 mmol/L; diadenosine pentaphosphate: 19 µmol/L; NADP (yeast): 2.46 mmol/L; N-acetylcysteine: 24.6 mmol/L; HK (yeast): ≥ 36.7 µkat/L; G6P-DH (E. coli): ≥ 23.4 µkat/L; preservative; stabilizers; additives.

R2 CAPSO* buffer: 20 mmol/L, pH 8.8 (37 °C); glucose: 120 mmol/L; EDTA: 2.46 mmol/L; creatine phosphate: 184 mmol/L; 4 monoclonal anti-CK-M antibodies (mouse), inhibiting capacity: > 99.6 % up to 66.8 µkat/L (4000 U/L) (37 °C) CK-M subunit; preservative; stabilizers; additive.

*CAPSO: 3-(cyclohexylamino)-2-hydroxy-1-propanesulfonic acid

R1 is in position B and R2 is in position C.

Precautions and warnings

For in vitro diagnostic use.

Exercise the normal precautions required for handling all laboratory reagents.

Disposal of all waste material should be in accordance with local guidelines.

Safety data sheet available for professional user on request.

This kit contains components classified as follows in accordance with the Regulation (EC) No. 1272/2008:



Danger

H360D May damage the unborn child.

Prevention:

P201 Obtain special instructions before use.

P202 Do not handle until all safety precautions have been read and understood.

P280 Wear protective gloves/ protective clothing/ eye protection/ face protection.

Response:

P308 + P313 IF exposed or concerned: Get medical advice/attention.

Storage:

P405 Store locked up.

Disposal:

P501 Dispose of contents/container to an approved waste disposal plant.

Product safety labeling primarily follows EU GHS guidance.

Contact phone: all countries: +49-621-7590

Reagent handling

Ready for use

Storage and stability

CKMB

Shelf life at 2-8 °C: See expiration date on **cobas c** pack label.

On-board in use and refrigerated on the analyzer: 8 weeks

Diluent NaCl 9 %

Shelf life at 2-8 °C: See expiration date on **cobas c** pack label.

On-board in use and refrigerated on the analyzer: 12 weeks

Specimen collection and preparation

For specimen collection and preparation only use suitable tubes or collection containers.

Only the specimens listed below were tested and found acceptable.

Serum: Nonhemolyzed serum is the specimen of choice and also recommended by IFCC.

Plasma: Li-heparin, K₂-, K₃-EDTA plasma.

Li-heparin in the usual concentration does not interfere with the test, but IFCC warns against its use.⁵

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Centrifuge samples containing precipitates before performing the assay.

Stability in serum:⁷
8 hours at 20-24 °C
8 days at 2-8 °C
4 weeks at -20 °C

Stability in heparin plasma:⁷
8 hours at 20-24 °C
5 days at 2-8 °C
8 days at -20 °C

Stability in EDTA plasma:⁸
2 days at 20-25 °C
7 days at 4-8 °C
1 year at -20 °C

Materials provided

See "Reagents – working solutions" section for reagents.

Materials required (but not provided)

See "Order information" section

General laboratory equipment

Assay

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

The performance of applications not validated by Roche is not warranted and must be defined by the user.

Application for serum and plasma

cobas c 311 test definition

Assay type	Rate A
Reaction time / Assay points	10 / 21-57
Wavelength (sub/main)	546/340 nm

Reaction direction	Increase		
Units	U/L (μkat/L)		
Reagent pipetting		Diluent (H ₂ O)	
R1	100 μL	–	
R2	20 μL	–	
Sample volumes	Sample	Sample dilution	
		Sample	Diluent (NaCl)
Normal	5 μL	–	–
Decreased	15 μL	15 μL	120 μL
Increased	5 μL	–	–

cobas c 501 test definition

Assay type	Rate A		
Reaction time / Assay points	10 / 30-70		
Wavelength (sub/main)	546/340 nm		
Reaction direction	Increase		
Units	U/L (μkat/L)		
Reagent pipetting		Diluent (H ₂ O)	
R1	100 μL	–	
R2	20 μL	–	
Sample volumes	Sample	Sample dilution	
		Sample	Diluent (NaCl)
Normal	5 μL	–	–
Decreased	15 μL	15 μL	120 μL
Increased	5 μL	–	–

cobas c 502 test definition

Assay type	Rate A		
Reaction time / Assay points	10 / 30-70		
Wavelength (sub/main)	546/340 nm		
Reaction direction	Increase		
Units	U/L (μkat/L)		
Reagent pipetting		Diluent (H ₂ O)	
R1	100 μL	–	
R2	20 μL	–	
Sample volumes	Sample	Sample dilution	
		Sample	Diluent (NaCl)
Normal	5 μL	–	–
Decreased	15 μL	15 μL	120 μL
Increased	10 μL	–	–

Calibration

Calibrators	S1: H ₂ O S2: C.f.a.s. CK-MB
Calibration mode	Linear
Calibration frequency	2-point calibration • after reagent lot change • as required following quality control procedures

Traceability: This method has been standardized against the IFCC Method for Creatine Kinase[®] with addition of antibodies.

Quality control

For quality control, use control materials as listed in the "Order information" section.

In addition, other suitable control material can be used.

The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

Follow the applicable government regulations and local guidelines for quality control.

Calculation

Roche/Hitachi **cobas c** systems automatically calculate the analyte activity of each sample.

Conversion factor: $\text{U/L} \times 0.0167 = \mu\text{kat/L}$

Limitations - interference

The total CK activity of the specimen should be determined prior to performing the CK-MB assay. The amount of anti-human CK-M subunit antibody in the CK-MB reagent is sufficient for the complete inhibition of up to 4000 U/L CK-M activity. If the total CK activity exceeds 4000 U/L, the specimen requires dilution because complete inhibition of the CK-M subunit is no longer assured. In patients with a disposition to macro-CK formation, implausibly high CK-MB values may be measured in relation to the total CK, since the macroforms mainly consist of CK-B subunits. As these patients have generally not suffered a myocardial infarction, additional diagnostic measures are necessary.⁹

Criterion: Recovery within $\pm 10\%$ of initial value at a creatine kinase-MB activity of $\geq 25 \text{ U/L}$ ($\geq 0.42 \mu\text{kat/L}$).

Icterus:¹⁰ No significant interference up to an I index of 60 for conjugated and 20 for unconjugated bilirubin (approximate conjugated bilirubin concentration: 1026 $\mu\text{mol/L}$ or 60 mg/dL and approximate unconjugated bilirubin concentration: 342 $\mu\text{mol/L}$ or 20 mg/dL).

Hemolysis:¹⁰ No significant interference up to an H index of 20 (approximate hemoglobin concentration: 12.4 $\mu\text{mol/L}$ or 20 mg/dL).

Lipemia (Intralipid):¹⁰ No significant interference up to an L index of 500. There is poor correlation between the L index (corresponds to turbidity) and triglycerides concentration. Choose diluted sample treatment for automatic rerun.

Adenylate kinase: Adenylate kinase (AK) may cause positive interference. Sources of AK in the blood are erythrocytes, muscle, and liver. In order to reduce AK interference to a minimum, AMP and Ap_5A are included in the reagent. The AMP/ Ap_5A mixture causes 97 % inhibition of the AK from erythrocytes and muscle, and 95 % inhibition of the AK from liver.⁴ The slight residual AK activity does not influence the assay of total CK, but may affect the low CK-MB activities.

Drugs: No interference was found at therapeutic concentrations using common drug panels.^{11,12}

Exceptions: Cyanokit (hydroxocobalamin) and Cefoxitin at therapeutic concentrations interfere with the test.

In very rare cases, gammopathy, in particular type IgM (Waldenström's macroglobulinemia), may cause unreliable results.¹³

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

ACTION REQUIRED

Special Wash Programming: The use of special wash steps is mandatory when certain test combinations are run together on Roche/Hitachi **cobas c** systems. The latest version of the carry-over evasion list can be found with the NaOHD-SMS-SmpCin1+2-SCCS Method Sheets. For further instructions refer to the operator's manual. **cobas c** 502 analyzer: All special wash programming necessary for avoiding carry-over is available via the **cobas** link, manual input is not required.

Where required, special wash/carry-over evasion programming must be implemented prior to reporting results with this test.

Limits and ranges

Measuring range

3-2000 U/L (0.05-33.4 $\mu\text{kat/L}$)

Determine samples having higher activities via the rerun function. Dilution of samples via the rerun function is a 1:3 dilution. Results from samples diluted by the rerun function are automatically multiplied by a factor of 3.

Lower limits of measurement

Limit of Blank, Limit of Detection and Limit of Quantitation

Limit of Blank = 3 U/L (0.05 $\mu\text{kat/L}$)

Limit of Detection = 3 U/L (0.05 $\mu\text{kat/L}$)

Limit of Quantitation = 5 U/L (0.08 $\mu\text{kat/L}$)

The Limit of Blank, Limit of Detection and Limit of Quantitation were determined in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP17-A2 requirements.

The Limit of Blank is the 95th percentile value from $n \geq 60$ measurements of analyte-free samples over several independent series. The Limit of Blank corresponds to the concentration below which analyte-free samples are found with a probability of 95 %.

The Limit of Detection is determined based on the Limit of Blank and the standard deviation of low concentration samples. The Limit of Detection corresponds to the lowest analyte concentration which can be detected (value above the limit of blank with a probability of 95 %).

The Limit of Quantitation is the lowest analyte concentration that can be reproducibly measured with a precision of 20 % CV. It has been determined using low concentration creatine kinase-MB samples.

Expected values

Reference intervals strongly depend on the patient group regarded and the specific clinical situation.

For healthy people: Reference range (37 °C) according to Klein et al.¹⁴ and consensus values:¹⁵

< 25 U/L (< 0.418 $\mu\text{kat/L}$)

For myocardial infarction diagnosis using the combination CK and CK-MB (activity), and representing a CK consensus value based on long-term experience:^{15,16}

1. CK_{men} > 190 U/L (3.17 $\mu\text{kat/L}$)
 CK_{women} > 167 U/L (2.79 $\mu\text{kat/L}$)
2. CK-MB > 24 U/L (0.40 $\mu\text{kat/L}$)
3. The CK-MB activity accounts for 6-25 % of the total CK activity.

When myocardial infarction is suspected the diagnostic strategy proposals in the consensus document of European and American cardiologists should in general be followed.¹⁷

If despite the suspicion of myocardial infarction the values found remain below the stated limits, a fresh infarction may be involved. In such cases the determinations should be repeated after 4 hours.

Maximum diagnostic efficiency of the CK-MB determination will be obtained when a sequential sampling protocol is used and consideration is given to the time pattern of activity over a 6 to 48 hour period. When only CK-MB activity is used, the diagnostic efficiency will be lower and will vary with the sampling time.^{1,9}

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.

Specific performance data

Representative performance data on the analyzers are given below. Results obtained in individual laboratories may differ.

Precision

Repeatability and intermediate precision were determined using human samples and controls in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP5 requirements (2 aliquots per run, 2 runs per day, 21 days). The following results were obtained:

Repeatability	Mean U/L ($\mu\text{kat/L}$)	SD U/L ($\mu\text{kat/L}$)	CV %
Human serum 1	17.9 (0.30)	0.4 (0.01)	2.2

Repeatability	Mean U/L (μkat/L)	SD U/L (μkat/L)	CV %
Human serum 2	29.1 (0.49)	0.4 (0.01)	1.2
Human serum 3	524 (8.76)	2.5 (0.04)	0.5
Human serum 4	1040 (17.4)	4.9 (0.08)	0.5
Human serum 5	1844 (30.8)	25 (0.42)	1.4
PCCC Multi 1*	41.0 (0.68)	0.3 (0.01)	0.8
PCCC Multi 2	99.2 (1.66)	0.5 (0.01)	0.5

Intermediate precision	Mean U/L (μkat/L)	SD U/L (μkat/L)	CV %
Human serum 1	17.8 (0.30)	0.5 (0.01)	2.8
Human serum 2	29 (0.48)	0.6 (0.01)	1.9
Human serum 3	531 (8.87)	4.4 (0.07)	0.8
Human serum 4	1040 (17.4)	8.4 (0.14)	0.8
Human serum 5	1843 (30.8)	38 (0.63)	2.1
PCCC Multi 1	40.2 (0.67)	0.7 (0.01)	1.7
PCCC Multi 2	98.7 (1.65)	1.5 (0.03)	1.5

*PCCC = PreciControl ClinChem

Method comparison

Creatine kinase-MB values for human serum and plasma samples obtained on a Roche/Hitachi **cobas c 501** analyzer (y) were compared with those determined using the corresponding reagent on a Roche/Hitachi MODULAR P analyzer (x).

Sample size (n) = 113

Passing/Bablok¹⁸ $y = 1.007x + 2.36 \text{ U/L}$ $r = 0.915$

Linear regression

 $y = 0.999x + 2.68 \text{ U/L}$ $r = 1.000$

The sample activities were between 5.8 and 1967 U/L (0.10 and 32.8 μkat/L).

References

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A point (period/stop) is always used in this Method Sheet as the decimal separator to mark the border between the integral and the fractional parts of a decimal numeral. Separators for thousands are not used.

Symbols

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard:

CONTENT

Contents of kit



Volume after reconstitution or mixing

GTIN

Global Trade Item Number

COBAS, COBAS C, PRECICONTROL, PRECINORM and PRECIPATH are trademarks of Roche.

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